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Information Technology / Social Media and Suicidal Source

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Abstract: I passed a survey report in which social media was included in the sources of suicide, and then an article was automatically sketched in my mind as to why not write about various types of suicides and science and technology and social media which become sources of suicide. An article published in the magazine “Rahat-ul-Qulub, which has been approved by the HEC, presented a solution to the growing trend of suicide in the context of Sirat-un-Nabi ﷺ, in which it was written in three lines that this new social media and information technology has given rise to new and innovative ways and tendencies to commit suicide, and this is because People have started major participating in misusing the social media and information technology. I will also mention in detail this survey report in my article which I have just mentioned.

Keywords: Suicide, Social Media, Information Technology, Islam

Introduction: Man has been given the status of the noblest of creatures on the basis of the difference between creation and the difference in creation, and if wealth and faith come with it, then Noor Aalaa Noor.

If a believing man and woman committing suicide, even if they are committing suicide for any reason, except for the protection of honor and dignity, study only these verses of the Quran, then in my humble opinion, at least he/she should not commit unlawful acts like suicide.

احسب الناس ان يتركوا ان يقولوا آمنا وهم لا يفتنون - ولقد فتنا الذين من قبلهم نليعلمن الله الذين صدقوا وليعلمن الكاذبين -

(سورة العنكبوت، آيت نمبر ٢)

ولنبلونكم بشيئ من الخوف والجوع ونقص من الاموال والانفس والثمرات - وبشر الصابرين - الذين اذاصابتهم مصيبة قالوا انا لله وانا اليه راجعون -

(سورة البقرة، آيت نمبر ١٥٥)

Translation No 1: “Will they be forsaken and will they not be tried except after they have said, "Believe"? In fact, we have tried those before them so that we may know who the true believer is and who else is a liar?”

Translation No 2: “And verily we shall try you by means of fear and hunger and loss of property and loss of life and fruit and good tidings to the patient, who say that when affliction befalls them, all is from Allah, and to Allah is the return.”

In Tafsir Mazhari, Allama Qazi Sanaullah Panipati mentioned the best thing about the verse of Surah Al-Baqarah:

“That is, O Ummah of Muhammad ﷺ, we will inflict some hardship on you and benefit you from the blessings of Samawiyyah as one tests a nation to see if they are patient in adversities and are adorned with the pleasure of justice or with this essence. Are empty the reason for this prophecy is that at the time of the revelation of misery, one should be content and not worry too much. Although there are many misfortunes per nafs, but it is nothing compared to the miseries from which Allah Almighty has saved His servants? May Allah's mercy not be separated in any case.

(تفسير مظهری، سورة البقرة، آیت 155 دارالاشاعت، 1999)

The two verses teach that after believing, the life of a believer is only a test. As long as there is life in the soul, no matter how many trials come, one should adopt the attitude of steadfastness and patience. As a result, the ultimate success has come to the believers.

Prohibition of Suicide according to the Qur'an: The real owner of life and death is Allah Almighty. Just as killing another person, even if that person is suffering from the disease of death, intentionally, intentionally killing him is tantamount to killing the whole of humanity, or it is unlawful to destroy it without any reason. Allah says:

ولا تلقوا بأيديكم الى التهلكة واحسنوا- ان الله يحب المحسنين

“And spend of your substance in the cause of Allah, and make not your own hands contribute to (your) destruction; but do good; for Allah loves those who do good.”

(سورة البقرة، آیت ۱۹۵)

Imam Baghawi has written the following verse # 195 of Sura Al-Baqarah below the commentary of verse # 30 of Surah An-Nis

"And it has been said that it means committing suicide of a Muslim."

وقيل: اراد به قتل المسلم نفسه

بغوى: معالم التنزيل ج ۱- ۴۱۸

In another place, Allah says (interpretation of the meaning):

“And do not kill yourselves. Indeed, Allah is Merciful to you. And whoever does that aggressively and unjustly, We will soon cast him into the fire of (Hell). And that is easy for Allah.”

(النساء، آیت ۲۹-۳۰)

Imam Fakhr-ud-din Razi in his commentary has written in the context of this verse:

"And don't kill yourself." This blessed verse has a Shariah ruling on the prohibition of killing a person unjustly and committing suicide.

(فخرالدين رازی: التفسير الكبير ٥٧:١٠٧)

Furthermore, Imam Baghawi in Ma'alim al-Tanzeel (٤١٨:١), Hafiz Ibn Kaseer in Tafsir ul-Quran ul-Azeem (٤١٨:١) and Allama Sa'albi in Al-Jawahir ul-Hasan fi Tafsir al-Quran (٢٩٣:٣) under the above verses of Surah An-Nisa '. Hadiths based on prohibition of suicide have been recorded, which proves that even according to the Imams of Tafseer, these verses indicate the prohibition of suicide.

Prohibition of Suicide according to the Hadith: Numerous promises have been made in the hadiths about those who commit suicide.

ترجمه حدیث: صحیح بخاری باب شرب السم والدواء به وبما يخاف منه والخبيث: حديث ٥٧٧٨

Translation: Whoever kills himself by falling from a mountain will go to Hell, will fall into it forever and will remain there forever, and whoever kills himself by eating poison will have Hell in his hand which he will have in Hell and will eat and will always be there. The person who killed himself with an iron weapon will have that weapon in his hands which he will always hit in his stomach in the fire of hell and will always be there."

باب ماجاء فى قاتل النفس حديث ١٣٦٥

"Whoever kills his soul by chewing something, he will always destroy himself in the same way in hell. In the same way, whoever throws his life in a pit, etc., he will continue to do the same in hell. And whoever kills himself by hanging, he will continue to do the same in Hell."

باب من اكفر اخاه بغير تاويل فهو كما قال حديث ٦١٠٣

Translation: It is narrated on the authority of Sabit bin Zahak that the Holy Prophet (ﷺ) said: "Whoever commits suicide with anything, he will always be tormented with the same thing in the fire of Hell."

باب ما ذكر عن بنى اسرائيل حديث ٣٤٦٣

It is narrated from Hazrat Jandab bin Abdullah that the Holy Prophet (ﷺ) said:

One of the men before you was injured. He became restless and took a knife and cut off his own injured hand, which caused him to bleed so much that he died. Allah says (interpretation of the meaning): "My servant has already decided on my own wisdom so I forbade him Paradise."

Digital Suicide: Now let's move on to realism through some observational evidence on the real subject of this subject. I saw the incident of my own life with my own eyes. The real reality of this incident was the famous Dr. Shahid Ahmed Zakai, a psychiatrist from Karachi. He has now passed away. "I have a childhood friend with whom I have a

relationship about 27 to 28 years old. His wife used to work on the computer online and out of 24 hours of the day, she could write for 14 hours on the computer, her source of income was to buy and sell and work for DAWN newspaper. My friend's wife did not work on the computer at the first time of birth. As it started the work before the second son's birth. When the other son started the series, the same normal to work on the computer is the same time. When the baby was born 9 months later, it was on time. Without any surgery, the child became mentally and physically disabled.”

The reason for this and other doctors also said that the electromagnetic radiation of the computer and mobile became the source of this mental and physical paralysis.

A similar story was published on BBC Website that, When a father stopped his 8-year-old son from a PubG game, the boy beheaded his own father. Manoj Sharma, a well-known doctor from Karnataka, India, stated that video game addiction has been recognized as a mental illness. Dr. Sharma says that technology and its use is a good thing, but its overuse and negative use. It is a means of cultivating all such negative tendencies. September 08, 2019

The famous columnist of Pakistan Javed Chaudhry published a news about all these Killing, robberies, motorcycle racing, motor car racing, Bluewhale, Pub G, Momo game in his column that all these games related to digital technology which a ban has been imposed in the Indian city of Hyderabad on the grounds that the individual and society cause a breach of peace. April 2019

In Peshawar, Pakistan, an 18-year-old girl belonging to a well-off family hanged herself after losing this pub G game.

Survey: To find out more about this subject and the fact that it was my personal study and observation that led me to believe that the scientific invention of the computer and the mobile became a source of anxiety and problems and suicides while making human life easier, but what other people are thinking like me. In order to know and find out this well-read public opinion, I made a question paper in which I wrote a total of 6 questions and the answer was required. In other words, I did a survey which was open ended.

Question 1: What is your opinion about suicide?

Question 2: Are Information Technology / Social Media / Digital Technology the sources of suicide?

Question 3: Why do people commit suicide?

I belong to an educational institution; our institution has a large number of people between the ages of 15 and 30. A group was created of 16 to 20 year olds and a second group of 21 to 25 year olds and a third group of 26 to 30 year olds and asked them all to solve this question.

- In the first group, 12% of people did not know what suicide is and it is also “Haraam”. 88% of people knew about it.

- In response to the second question, 52% of people considered it a means of suicide. And the remaining 48% said that it is up to them how we use it.
- In response to the third question, 43% of the people stated that the reason was distance from Islam and its teachings and the remaining 57% of the people stated other reasons.
- The other 2% of people in the second group responded with freedom of expression & the remaining 98% declared it "Haraam".
- In response to the second question, 63% of people also considered science and technology as a source of suicide.
- In response to the third, 53% said that it is a distance from Islam and Islamic teachings.
- The third group, in answer to the first question, answered that it is 100% "Haraam".
- In response to the second, 66% of people declared suicide and the remaining 33% expressed different opinions.
- In response to the third, 70% of people responded to distance from Islam and Islamic teachings and 30% answered differently.

As a result of this little bit of hard work, it has become easier for me to find out that as many educated people as there are, at least, are aware of the advantages as well as the disadvantages of social media and science and technology and now in this modern technological age, the reality of suicide through science and technology and information technology has become well known.

And if we take into account the reality of this article and the subject, the modern epidemic of the modern age, the "corona", which we can also call the digital epidemic, the reality of "5G" technology and the control it has over the world. If one reads the research and scientific and logical report of the daily "UMMAT" published on April 08, 2020 hardly any adult can deny the fact that now the sources of suicide are becoming extremely digital and latest and updated and common sense. They are forced to think about who should be blamed for committing such crimes and suicides.

Departments of Life and Suicide: Human life is like a book. Just as there are different chapters in a book, so there are five chapters in the book of human life. The religion of Islam, in these five chapters, demands from the Muslims their protection and safety and well-being and demands that do not kill yourself in any of them and protect them.

1. Beliefs
2. Worship
3. Matters
4. Society
5. Ethics

The greatest of the blessings that the Lord of the Universe has bestowed on man is the life and life which, in spite of all guidance, it is Haraam to forcibly end this life by force and oppression, will be considered damned.

Verses on the Protection and Perpetuation of Beliefs and Worships:

اتقوا الله حق تقاته ولا تموتن الا وانتم مسلمون - (آل عمران ١٠٢)

Ibn Jarir Tabri writes in his commentary on Jamia al-Bayan that in this verse Allah, the Exalted, says: O you who believe in Allah and believe in Him, fear Allah and the Messenger

That is, fear Allah and fear Him, fear Him and obey Him out of fear, and avoid disobedience. And the right to fear Allah is to disobey Him after obedience, and not to disbelieve after His thanks and has made his monotheism and divinity and worship pure for him.

(جامع البيان- علامه ابن جرير الطبري، جمعة آيات الخيرية)

And related matters

ولا تجل يدك مغلولة الى عنقك ولا تبسطها كل البسط فتقعد ملوماً محسوراً -

واوفو الكيل والميزان بالقسط ولا تبخسو الناس اشياء هم ولا تعسوا في الارض مفسدين

Similarly, the social rights which are still connected with the present and the verses regarding the payment of the rights of the bloodthirsty and other people in the society, the inheritance, the distribution of wealth and the payment of the inheritance regarding the rights and the Quranic guidance in this regard. If we pay attention to the moral teachings of the Quran, then the religion of Islam equips a believer with all the moral values and attributes that are required by the religion of Islam and because of which society and affairs can be done well and the whole society and religion, and the world can be saved from death and suicide.

Allama Shibli Nomani writes his Sirat-un-Nabi in Volume VI pg 63 Qadimi kutub

"Morality is related to mutual affairs and issues. Morality is related to mutual affairs and issues. Let's say that morality is another name for the hierarchy of mutual relations. All the happiness, prosperity and peace and order in the world are from this moral wealth. It can fulfill the law of strength and power. If human parties carry out their morals and duties on their own, then there will be no need for coercive laws of the government. That is why the best religion is the one whose moral pressure is so great on its followers that it does not allow them to go astray step by step. Just as the religion of Islam needs sincerity for beliefs, worships, affairs, and society, so does sincerity and morality require that moral values be neither worldly nor showy.

As stated in the verse

ومن يرد ثواب الدنيا نوته منها-ومن يرد ثواب الآخرة نوته منها-(ال عمران:145)

"He taught morality to conduct society and affairs in a happy manner and to save it from death by strangulation."

يا ايها الذين آمنوا لا تبطلوا اصدقائكم باليمن والا ذئ- (ال عمران: ١٥)
 كنتم خيرأمت اخرجت للناس تأمرون بالمعروف وتنهون عن المنكر- (سورة البقرة: ٢٤٦)
 وتواصوا بالحق وتواصوا بالصبر- (سورة العصر: ٣)
 واذا حكمتم بين الناس ان تحكموا بالعدل - (ال عمران : ١١٠)
 ولا يجرمكم شأن قوم على ألا تعدلوا- (سورة النساء: ٥٨)
 كونوا قوامين بالقسط شهدأله- (سورة المائدة: ٨)
 (سورة النحل: 16) ان الله بامر بالعدل والاحسان-
 (سورة الحج : 22) واجتنبوا قول الزور-
 واعتصوا بحبل الله جميعا- (سورة آل عمران 103)
 وكونوا مع الصادقين- (سورة التوبة : 199)
 اجتنبوا كثيرامن الظن- (سورة الحجارة: 12)
 ولا يغتب بعضكم بعضاً - (سورة الحجارة: 12)
 لا تجسسوا- (سورة الحجارة: 12)
 لا تلمزوا انفسكم- (سورة الحجارة: 11)
 لايسخرقوم من قوم- (سورة الحجارة: 11)
 ولا تنابذو بالا لقاب - (سورة الحجارة: 11)

It is not the purpose of these pages to contain verses on all moral precepts. Rather, it is merely a matter of pointing out that matters and the elders of the society and the society as a whole commit suicide when an atmosphere of social inequality has arisen.

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